

MAY

2020

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Send your articles, jokes, poems and artwork
to Rick T. info@aamesaaz.org

NO BOOZE NEWS

Sober Cyber Sisters

From the April 1994 Grapevine

In 1994 my son died as a result of severe disabilities and chronic lung disease. He was the absolute joy of my life, and when he died, my life turned into a black tunnel of despair. During the months that followed his death, my drinking escalated rapidly until I was drinking just about every night, having blackouts, and starting to drink on the morning after, just to stop trembling from the hangovers.

After a particularly disastrous blackout where I cracked my jaw open, bit a hole in my tongue, and cut my hands and feet on broken glass, a close friend suggested that maybe I didn't realize how much I was drinking. I was pretty indignant about her statement, but it did get me thinking about the possibility that I had a drinking problem.

One night in April 1996, I was doing my typical drinking ritual: pumping down tequila while logging on to the Internet--i.e., "surfing the Net." The memory of that night is hazy, but I do remember doing a search on alcoholism, taking a self-test of some kind, and being very surprised at the high score I got. Then I found myself involved in some kind of online sobriety group, and I couldn't find a way to get rid of the screen without typing my e-mail address in a little box. Then everything went kind of fuzzy, and I either passed out or blacked out.

The next morning I woke up with a bad hangover, and started looking for the rest of the tequila to take the edge off. Much to my disappointment I found only an empty bottle, so I turned on the computer and checked my e-mail, expecting the usual three or four messages from the few family members and friends with whom I corresponded. What I found was over forty messages, all from women who belonged to some group called Sisters in Sobriety. Evidently I had accidentally joined an online AA group.

My first impulse was to find out how I could get out of this thing that I'd joined while in a drunken stupor, but as I read the messages, I was riveted to the screen. Women from all over the world were telling my story as they related their experience, strength, and hope to me. With tears streaming down my face, I read phrases like "You never have to be alone again," and "We will love you until you can love yourself." I didn't fully grasp what was happening, but I did know I needed help, and I was deeply touched by the loving messages filtering through cyberspace and into my living room. I'd tried to stop drinking, tried to cut back and drink less, and even tried just drinking beer, but none of it had worked. Each time I drank, things only got worse.

I can't say that when I joined the group I had an honest desire to completely stop drinking. What I was really looking for was a way to drink without hurting myself, getting myself into trouble, or getting sick. But as I listened and learned from these recovering women, the desire to quit grew stronger. I began to understand the disease of alcoholism a little better. For the first time in a long, long time, there was a glimmer of hope in my life.

A month went by, and I was still sober. I also attended "live" AA meetings and

QUOTE OF THE MONTH

"The title 'Alcoholics Anonymous' had appeared very early in the discussion [of the Big Book's name], probably in October, 1938. We do not know who first used these words. After we New Yorkers had left the Oxford Groups in 1937 we often described ourselves as a "nameless bunch of alcoholics." From this phrase it was only a step to the idea of "Alcoholics Anonymous." This was its actual derivation."

Bill W., AA Comes of Age

found a sponsor, one of the women in Sisters in Sobriety who happened to live in the same town I lived in. During the worst of my withdrawal from alcohol, she called me, talking me through the fear, anxiety, and sleeplessness. Meanwhile, the e-mail poured in steadily, giving me the support and comfort that I so desperately needed. When I went to California for Christmas, one of my sober cyber sisters met me at the airport and we had coffee together during a flight layover.

I've been sober now for almost eighteen months. I have an online sponsor, one of my fellow Sisters in the e-mail group. When I celebrated my one-year sobriety anniversary, she flew from her home in Dallas to spend the weekend with me and give me my medallion at a meeting. What a blessing it was to be able to give her a real, live hug! I felt as though I'd known her forever, and while she was here, I did my Fifth Step with her. The bond of love that I feel for these special women is impossible to put into words, but it is every bit as real as any other relationship.

Online AA continues to be part of my foundation in sobriety. Even when there's no "live" meeting to go to, I can go online and find another alcoholic to talk to. It's also a great way to reach out to other newcomers who are struggling with sobriety. To me, it is simply proof that God will extend his grace to us wherever we are, even if it is in cyber-space. I'm so grateful for my new, sober life and for my many recovering sisters and brothers all over the world. We are brought closer together by this amazing means of technology, as we share our joy, our pain, our struggles, and our experiences

BY: J.N. | ARIZONA

Thoroughness Ought to be the Watchword

The Willingness to Move Forward

When I attended my first AA meeting, I had no idea what the 12 steps entailed but at that meeting I heard the things that were read, and I heard people sharing about steps and, looking back on it now, I realized that I came away from that meeting a changed man. My life took a 180% turn at that point and I have never been the same since.

For the first time in my life I saw a refreshing new approach to living an all I had done, up to that point, was to show up and listen. From that day on, I've had a huge change of perception and I've learned to recognize faulty thinking and to find the answers to life issues as they were articulated by the collective sharing in that meeting.

While attending a step study meeting recently, we were on Step 4 and as each person shared their experience with what we had read, it occurred to me that the same thing was happening there, that happened at my first meeting decades before. It seemed that many of the people were assimilating, into their thinking, the things we had read and talked about, and that it had influenced them in ways that they probably didn't even realize at the time. I've heard people in the program, when attending structured step study meetings, say that there may be as many as 50 people at the meeting when they started on Step 1, but by the time they got to Step 4 they might be down to 12 people left in the room. There seems to be something in Step 4 that their ego would not let them address, at the time. It appears they had reached a fork in the road. When this happens, I believe they may not be ready for Step 4 yet, and if they are hurried into it, they may start to search for an easier softer way. If they stay on the softer path for long, they may end up developing a half measures approach and they may waste many precious years, or worse, they may relapse and do irreparable damage that can't be undone.

When I hear of a person who has a relapse after long term sobriety I often wonder if it was due to skimping on Step 4 and 5, which may lead to a superficial approach to the remaining steps. "Thoroughness ought to be the watchword when taking inventory. "(12X12 pg.54) I use the 4th step to illustrate what I mean when describing the way reading and hearing the things described in Step 4, are the things that we live with every day of our lives, and each time we cycle through them again, we realize that we have addressed some of these issues without being aware of it.

I've heard people who have not taken Step 4 yet using such terms as "Restraint of pen and tongue" or "Remove the word blame from my speech" and, without realizing it, they are reducing their problems as the result of this different mindset.

As long as they are honest, about, not being ready to take Step 4, it leaves the door open for the time when they are more confident, and they will be able to revisit this step and make a clean slate of it without feeling guilty about it. I believe that the main reason why they wrote and published the 12 X 12 was because they did not want to establish a precedent of editing the big book, and they wanted to give amplifying information and examples of how to navigate the 12 steps.

We can tell stories and drunkalogues of our drinking days and that's fine, but if we don't go through a meaningful process of addressing the causes and solutions to our problems and "The willingness to move forward " (12X12 pg.54) We will be selling ourselves short, and life is much too precious to waste.

Rick R.A dedicated writer and friend to NBN

Words From the Big Book

This is perhaps difficult—especially discussing our defects with another person. We think we have done well enough in admitting these things to ourselves. There is doubt about that. In actual practice, we usually find a solitary self-appraisal insufficient. Many of us thought it necessary to go much further. We will be more reconciled to discussing ourselves with another person when we see good reasons why we should do so. The best reason first: If we skip this vital step, we may not overcome drinking. Time after time newcomers have tried to keep to themselves certain facts about their lives. Trying to avoid this humbling experience, they have turned to easier methods. Almost invariably they got drunk. Having persevered with the rest of the program, they wondered why they fell. We think the reason is that they never completed their housecleaning. They took inventory all right, but hung on to some of the worst items in stock. They only thought they had lost their egoism and fear; they only thought they had humbled themselves. But they had not learned enough of humility, fearlessness and honesty, in the sense we find it necessary, until they told someone else all their life story. **PG 72, 73**

Please use the **Gratitude With Service** form below to volunteer for any of EVI's Standing Committees, such as **PI/CPC (Public Information / Cooperation with the Professional Community)**, **Special Events**, **Literature**, **Unity**, or **Phone Volunteers**.

We are still in need of more volunteers for the 12th Step call list. Finding someone willing and available to do a 12th Step call can sometimes be very challenging. If you have at least one year of continued sobriety and are willing to make yourself available to the alcoholic who still suffers, please be sure to complete the form provided below and return to the EVI Central Office via fax, mail, e-mail or in person as soon as possible.

EAST VALLEY INTERGROUP – Gratitude With Service form *revised 2/09*

Return to: 1320 E. Broadway Rd., Suite 105 Mesa, AZ 85204

(480) 827-1905

e-mail: info@aamesaaz.org

www.aamesaaz.org

Date _____ *First Name _____ Last _____

Address _____ *Phone _____

*City _____ *ST _____ *Zip _____ *Gender _____

*Sobriety Date _____ Home Group _____

e-mail address _____ Alt Phone _____

* = required for listing in 12th Step List

☐ **No Booze News** Subscription / Renewal (\$12.00 annual subscription fee enclosed)

Volunteer Service Options

Check only those you are willing to commit time to

12th Step List Volunteer

☐ **Weeknights**

☐ **Weekends**

☐ **Weekdays**

Phones Night & Weekend

☐ **Weekends**

☐ **Weeknights**

☐ **Office Phone Volunteer**

☐ **Other Office Help**

Committees of Interest

Check only those you are willing to serve on

☐ **Public Information / Cooperation with the Professional Community**

☐ **Special Events**

☐ **Literature**

☐ **Newsletter (*No Booze News*)**

☐ **Unity Committee**

☐ **Deliver A Meeting**



ROUNDUPS, CAMPOUTS AND CONFERENCES

TRI-STATE ROUNDUP

CANCELED

MAY 14 - 17, 2020

RIVERSIDE RESORT

LAUGHLIN NV

FLAGSTAFF ROUNDUP

CANCELED

SEE YOU NEXT YEAR.

VERDE VALLEY ROUNDUP

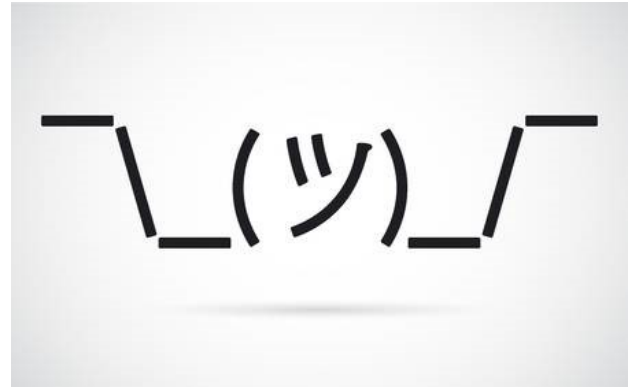
POSTPONED TILL

OCTOBER 30 - NOV.1

JACKPOT RANCH, CAMP VERDE AZ

Looks like most events are shut down
or postponed for awhile.

Check the events page on our website
periodicaly. We will post information as
it becomes available.



Practicing These Principles

From the April 1964 CONFERENCE

IF there are any key words in the fellowship of AA, I believe that they are the words "love and service." To me, service is putting love into action. Initially, this takes the form of "sharing our experience, strength and hope" with other alcoholics that they may have the opportunity to recover in this blessed fellowship, even as you and I have.

The first "sharing" of recovery is usually at regular group meetings. Then groups share with other groups and more new people have an opportunity to participate. This "sharing" is unity, based on the guides of the Twelve Traditions. We learn that, "For our group purpose there is but one ultimate authority. . . a loving God as He may express Himself in our group conscience. . . ."

On April 21, 1964, Delegates (about 85 in all, from the United States, Canada and Puerto Rico) will join together with the Trustees, AA World Service and Grapevine Directors and the Staff members, in the Fourteenth Annual Meeting of the General Service Conference.

In "sharing our experience, strength and hope," each Delegate brings to the Conference the shared experience of his own area, thereby providing for a further continuity of service.

The AA group's purpose is to maintain a meeting place with the door opened wide for the new alcoholic attracted to our fellowship. The purpose of the Conference could be said to guarantee that that door and the thousands of other doors all over the world will be kept open as long as AA is needed.

To quote from Concept Nine of the *Twelve Concepts for World Service*: "Let's remember that the base for our service structure rests on the dedication and ability of several thousand General Service Representatives (G.S.R.'s), several hundred Area Committee Members, and nearly a hundred Delegates. These are the direct agents for the AA groups; these are the indispensable links between our fellowship and its world service; these are the primary representatives of AA's group conscience."

To share in love and give in service will help each of us to act in the spirit of mutual respect and love and maintain the very essence of democracy--in action and in spirit. To paraphrase: We hope that our General Service Conference will always be a symbol of this liberty.

BY: EVE M.

Sobriety Anniversaries



Name	Date	Days
------	------	------

Gary C.....	5/1/1980	14610
Mike C.....	5/1/1981	14245
Bud K.....	5/23/1982	13879
Jon C.....	5/6/1984	13149
Becky C.....	5/9/1984	13149
Ken H.....	5/19/1986	12419
Chris M.....	5/13/1987	12054
Stephan O.....	5/13/1987	12054
Rick J.....	5/13/1987	12054
Beth H.....	5/29/1988	11687
Joel M.....	5/15/1989	11323
Lynn S.....	5/25/1989	11323
Christopher B.....	5/10/1990	10958
Julie B.....	5/21/1990	10938
Mike S.....	5/1/1991	10593
Hallie G.....	5/5/1991	10593
Louis S.....	5/28/1991	10593
Christine T.....	5/5/1992	10227
Regan G.....	5/1/1992	10227
Christine T.....	5/5/1992	9857
Jack G.....	5/23/1996	8766
Deborah W.....	5/7/1998	8036
Heidi H.....	5/23/1999	7671
Mickey W.....	5/1/2003	6210
Debbie G.....	5/16/2003	6210
Kathy T.....	5/15/2005	5479
Larry S.....	5/23/2007	4710
Pat C.....	5/27/2007	4710
Ginny F.....	5/15/2008	4383
Neil H.....	5/23/2008	4383
Frank P.....	5/26/2008	4383
Steve B.....	5/11/2009	4018
Gail N.....	5/15/2009	4018
Lyndadiane L.....	5/29/2010	3653
Michelle M.....	5/25/2010	3653
Eric F.....	5/6/2011	3288
Ben P.....	5/24/2011	3288
Shawna D.....	5/2/2012	2922
Danielle R.....	5/6/2013	2557
Denise M.....	5/12/2014	2192
Christopher T.....	5/5/2015	1827
Beth M.....	5/6/2015	1789
Jennifer P.....	5/10/2016	1461
Jean C.....	5/15/2016	1461
Denise D.....	5/18/2019	366

Step Five~ Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.

Tradition Five~ Each group has but one primary purpose to carry its message to the alcoholic who still suffers.

Concept Five~ Throughout our structure, a traditional "Right of Appeal" ought to prevail, so that minority opinion will be heard and personal grievances receive careful consideration.

At Wits End

-She was worried about where her husband was spending his evenings, so one night she went home and there he was.

-Wisdom is what you learn--after you think you know it all.

-After sobering up, you do see yourself as others see you. And if you can stand the sight, you're not bad off.

-Heard at a meeting: a new "handle" for women alcoholics. . .*debutanks*.

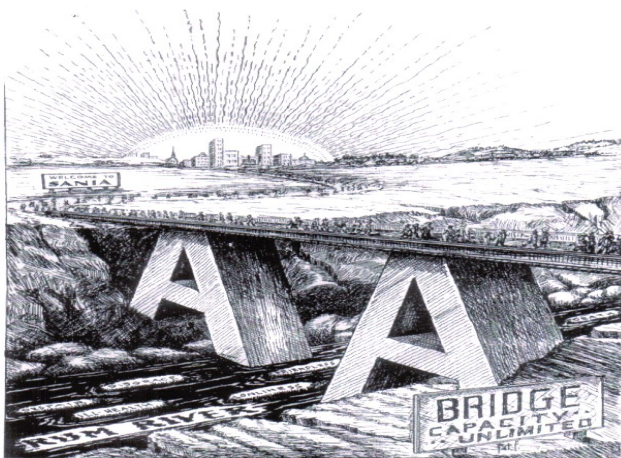
-One definition of a High Bottom Drunk: one who sleeps only behind Cadillac billboards.

-Heard at a meeting: "Now he's high on Freud and the head-shrinkers; the guy's a regular psychochondriac."



Get Published!

Send your articles, jokes, poems and artwork to Rick T. info@aamesaaz.org



PI / CPC*****Undetermined Location*****

(Public Information and Cooperation with the Professional Community)

Meets 1st Monday's at 7:00pm**235 E Guadalupe Rd. Gilbert****(Gilbert Presbyterian Church)**

Come help carry the message at the public level and to professional groups who have contact with alcoholics.

For more information contact:

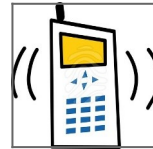
480 827-1905**EVI Phone Workshop*******Undetermined Location*****

Third Friday's at 6:15 pm

Before the monthly business meeting at

2222 S Price Rd. Tempe**(Church of the Epiphany)**

Or

Workshops can be done at your Group !

For more information

Beth H

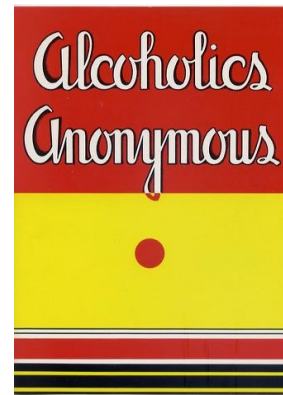
EVI Sponsorship Workshop

10am the 1st Saturday of every other month

235 E Guadalupe Rd. Gilbert AZ**(Gilbert Presbyterian Church)**

Contact: Jerry C.

HOST GROUP SCHEDULE

May 2nd ~ Canceled

Join the

EVI Unity Committee**Meeting at 6:15pm Every 3rd Friday****2222 S Price Rd. Tempe****(Church of the Epiphany)****Contact 480 827-1905****EVI Special Events Committee****Meeting held before the Monthly Speaker Meeting****1st Friday of the month****2222 S Price Rd. Tempe****(Church of the Epiphany)****contact: 480 827-1905*****EVI Monthly Speaker Meeting******1st Friday of Every Month*****Meeting Now At 7:30pm****2222 S Price Rd. Tempe****(Church of the Epiphany)*******Canceled for May*******May 1st ~ Easy Does It****These are subject to change - so keep watching.**

**Office Volunteers &
EVI Hot Line Phones**

4 hour shifts in the EVI office

Call Roxanne for specific
times and days.

***** Fill In spots available *****

Central Office Manager's Report

April 17, 2020

In March we received 642 requests for information and assistance. Of those 203 calls were for meeting info, 121 were office visitors and 9 resulted in a good old fashioned 12 step call. Our Google listing also receives steady traffic. Our Google totals for March are not available at the time of this printing. Our website stays busy too. It had 35,928 visits in the last 30 days.

We are all moved into our new location and open for business. Sending a big "Thank You" to all who showed up on moving day and did the heavy lifting. We did have some difficulty with Century Link getting the phones transferred so we are now Cox Communication customers. We now have PayPal available on our website for group and individual contributions. Thanks to everyone who has taken advantage of this and made a contribution.

The biggest challenge we have had recently is in providing an accurate meeting directory. Things have changed fast and sometimes people forget to inform us of these changes. We have added a list of online meetings to the website as well as other helpful information on setting up electronic meetings. We have also tagged meetings that we believe to be temporarily suspended, this will also update the Meeting Finder app. Please check your meetings listing and if it is not correct let me know.

Good connections of the month: There were many and they are still going on. Sales, office visits and calls have slowed but the calls we are getting seem to have a little more urgency to them. People are needing to connect, and we are setting up more 12 (phone) calls.

AAWS has new pricing on many items effective April 15. This is not an increase or decrease but rather an averaging adjustment or normalized pricing. We haven't had to order literature in the last month as our sales are all but nonexistent. We will update our pricing when we place our next order.

If you are signed up for 12 step service, please try to be available if called. We have received several calls from those who are afraid for their sobriety and the availability of fellowship support. A simple phone call to remind someone they are not alone could make all the difference.

Thanks to everyone for rising to the occasion and keeping our spirit of service alive in these trying times. I am both amazed and humbled by the outpouring of support we have received in the last month. The way we meet and serve may be changing but the hand of A.A. is alive and well.

In the spirit of Tradition Eight,
Love and Service

Kim Watkins
Central Office Manager

EVI CENTRAL OFFICE ACTIVITY

.....	March..	2020
Meeting Information Calls	203	545
General Information	148	355
Referred to Salt River Intergroup ..	11	22
Referred to Al-Anon	9	33
Referred to Community Info	0	0
12th Step Calls.....	9	38
Business Calls.....	141	330
Office Visitors.....	121	409
Meeting lists printed	400	2000
Info request via E-mail.....	122	228
Desk Volunteers-Reg/Sub/None.	25/ 10/ 5		
Desk Volunteers-Reg HRS YTD.....		320hrs

Web Stats

Website Visits last 30 days 33,620 YTD 129,131
Google Searches last 30 days 13,388

Meeting List Updates...

Double-check the Intergroup website (aamesaaz.org) to learn which groups are meeting, the clubs that are open, which groups have moved to a temporary location, which groups are meeting online, and which clubs/groups are not available until further notice.

East Valley Intergroup ** NEW **
1855 E Southern Ave. Suite # 103
Mesa, AZ 85204

General Service Office
PO Box 459, Grand Central Station
New York, NY 10163

Area 03 Treasurer ** NEW **
PO Box 3691
Gilbert AZ 85299
Make Check To: AZ Area Committee

District 08-818
PO Box 12044
Tempe, AZ 85284

District 08-819
PO Box 594
Mesa, AZ 85211

District 08-820
PO Box 20404
Mesa, AZ 85277

District 08 (Maricopa County)
PO Box 45066
Phoenix, AZ 85064

Valleywide H & I
PO Box 80126
Phoenix, AZ 85060

Example of Group Contributions to A.A.

Service Entities

Distribution of funds from groups that support four service entities

10% to District 10% to Area

30% to GSO 50% to Intergroup



Reprinted with permission from A.A. World Services,
from the pamphlet Self Support.

GROUP CONTRIBUTIONS



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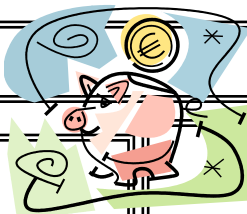
<u>GROUP</u>	<u>March.</u>	<u>YTD</u>
11th Step Candlelight.....		\$0.00
2121 Beginner Workshop		\$0.00
417 Group		\$184.29
A Vision For You Group		\$0.00
ABC Group.....		\$0.00
Ahwatukee Group.....		\$200.00
Ahwatukee Nooners.....		\$250.00
Ahwatukee Saturday Men's.....		\$224.82
Ahwatukee Women's Group		\$103.06
Arbor Daily Noon Group.....		\$600.00
Attitude Adjustment Ahwatukee		\$0.00
Attitude Adjustment CG.....		\$30.00
Attitude of Gratitude		\$0.00
Basic II.....		\$200.00
Bloopers		\$0.00
Bootstrap Men's		\$0.00
Both Books.....		\$0.00
Bottom of the Bottle		\$0.00
Breakfast Club.....		\$0.00
Busted Ego.....		\$0.00
By The Book		\$122.43
Chandler Men's Stag Group		\$240.00
Chandler Noon Group	\$120.00	\$235.40
Chandler Women's Big Book Group.....		\$0.00
Cold Coffee Group		\$0.00
Common Solution.....		\$500.00
Common Thread		\$0.00
Copper Basin Group		\$0.00
Courage To Change.....		\$0.00
Depth and Weight.....		\$0.00
East Valley Men's Stag.....		\$175.00
East Valley Veterans.....		\$20.00
Easy Does It Group	\$88.87	\$266.61
Eye Opener Group		\$400.00
Family Recovery Group.....		\$0.00
Feelings & Solutions.....		\$0.00
Fill in the Blank.....		\$325.39
Firehouse Meeting.....		\$0.00
Florence Group.....		\$70.00
Friday Night BB, Step Study		\$454.00
Friends Of Bill W.		\$0.00
Get It Together.....	\$323.64	\$626.78
Gilbert Gals		\$0.00
Gilbert Group	\$150.00	\$150.00
Gold Canyon 12 X 12 Group.....		\$102.96
Good Ol' Back to Basics		\$0.00
Grateful Dames		\$0.00
Grateful Girlfriends.....	\$100.00	\$100.00
Gratitude Group.....		\$300.00
Great Start	\$300.00	\$450.00
Gut Level.....		\$0.00
Happy Hour @ Sunbird.....		\$0.00
How It Works.....		\$40.00
Keepin It Real Ladies.....		\$165.00
Last Resort.....		\$0.00
Life In The Big Book	\$168.00	\$168.00
Livin Life.....		\$0.00
Maricopa 12 X 12	\$40.00	\$40.00
Maricopa Group.....		\$415.00
Mid-Morning Group.....		\$200.00
Morning After Group		\$0.00
Name In The Hat.....		\$0.00
New Beginnings		\$100.00
New Hope Group		\$0.00
New Spirit Group	\$100.00	\$100.00
No Name AA Group	\$50.00	\$75.00
Not A Glum Lot.....		\$0.00
Opportunity Knocks		\$200.00
Page A Day.....		\$322.78

<u>GROUP</u>	<u>March.</u>	<u>YTD</u>
Pioneer Group.....	\$56.00	\$186.00
Price Is Right		\$0.00
Primary Purpose Group	\$300.00	\$300.00
Prime Time		\$0.00
Progress Rather Than Perfektion.....		\$0.00
Putting God First		\$0.00
Queen Creek Nooners		\$390.00
Re-Awakening Group.....	\$20.00	\$20.00
Remember When		\$0.00
Renewed Spirit		\$0.00
Rising Spirit	\$215.40	\$215.40
Road To Recovery	\$50.00	\$1,812.75
Rock Solid.....		\$0.00
San Tan Men's.....	\$100.00	\$100.00
Second Chance Group.....		\$296.00
Seniors In Sobriety-Tempe disbanded		\$0.00
Serenity At Six		\$0.00
Shade Tree		\$150.00
Sisterhood Of Solutions		\$151.68
Sobriety is Gold.....		\$400.00
Sobriety Rocks		\$0.00
Society Group.....	\$50.00	\$50.00
Solutions Group.....		\$0.00
Some Are Sicker Than Others		\$100.00
Southeast Valley Stag		\$450.00
Spirited Women		\$62.75
Step By Step Group		\$117.16
Stepping Stones.....		\$329.50
Sunday Afternoon Step.....		\$200.00
Sunday Night BB Step Study		\$0.00
Sunday Serenity Seekers.....		\$343.50
Sun Lakes Women Serenity Seeker.....	\$125.00	\$225.00
Sunland Serenity Seekers.....		\$0.00
Sunset Group.....		\$0.00
Tempe Group.....		\$100.00
Tempe Nooners	\$50.00	\$150.00
Tempe Sunrisers		\$0.00
Tempe Young People.....		\$0.00
The Library.....		\$0.00
The Real Thing.....		\$0.00
The Way Out Group	\$125.00	\$225.00
Thursday Night Step Group.....		\$0.00
Tuesday Night Steppin Out		\$0.00
Tuesday's Trudgers.....		\$0.00
Tumbleweeds Group		\$0.00
Upon Awakening.....		\$700.00
We Ain't Dead Yet.....		\$65.00
We Agnostics		\$0.00
We Can Group		\$0.00
Wednesday Night Step.....		\$0.00
Wednesday Night Winners		\$0.00
Welcome Home		\$0.00
West Chandler Men's.....		\$0.00
Who's Driving Your Bus?.....		\$0.00
Wolf Pack Group		\$0.00
Women in Gratitude.....		\$0.00
Women in Solution		\$0.00
Women in Touch	\$168.55	\$168.55
Wonder Women.....		\$100.00
*Anonymous Groups.....	\$114.00	\$314.00

OTHER GROUPS/COMMITTEES

Apache Lake Campout.....		\$0.00
AZ AA Women's Conf.	\$500.00	\$500.00
Dist 08-818.....		\$0.00
Dist 08-819.....		\$0.00
ASCYPAA		\$0.00
Group Totals	\$2,514.46	\$15,588.81
EVI Committees	\$29.00	\$220.39
Individual Contributions.....	\$365.00	\$1,360.00
GRAND TOTALS.....	\$2,908.46	\$17,169.20

(*Group contribution with no group name listed)



BALANCE SHEET March 31, 2020

Assets

Current Assets

Checking	7,225.50
Prudent Reserve (Savings)	27,748.09
Accounts Receivable	33.05
Inventory Asset	23,286.57
Undeposited Funds	0.00

Fixed Assets

Cash On Hand	50.00
Office Equip/Furnishings	22,538.00
Depreciation	(-22,538.00)

Total Assets \$63,376.00

Liabilities & Equity

Liabilities

Accounts Payable	0.00
Visa Credit Card	477.09
Payroll taxes	0.00

Total Liabilities \$477.09

Equity

Opening Balance Equity	43,778.94
Retained Earnings	24,503.74
Net Income	-5,383.77

Total Equity \$62,898.91

Total Liability & Equity \$63,376.00

PROFIT & LOSS STATEMENT March 2020

22 Group contributions totaling	\$2,514.46
4 Individual contributions totaling	\$365.00
Intergroup Business Meeting & Service Committee's 7th Tradition	\$29.00

Total Contributions \$2,908.46

Total Income \$8,671.94

Less total Cost Of Sales \$2,091.29

Gross Profit \$6,580.65

Less total Expenses of \$14,382.61

Net Feb. Loss (\$7,801.96)

YTD 2020 Loss (\$5,383.77)

The current Prudent Reserve balance is \$27,748.09
The Prudent Reserve has been
established for 2020 in the amount of \$27,817.34

Please call me with any questions or comments
regarding the financial statements.

Grateful to be of service,
Ron S. EVI Treasurer
fullflight@cox.net

Traditions Checklist

Tradition Five: Each group has but one primary purpose—to carry its message to the alcoholic who still suffers.

- 1. Do I ever cop out by saying, "I'm not a group, so this or that Tradition doesn't apply to me"?***
- 2. Am I willing to explain firmly to a newcomer the limitations of AA help, even if he gets mad at me for not giving him a loan?***
- 3. Have I today imposed on any AA member for a special favor or consideration simply because I am a fellow alcoholic?***
- 4. Am I willing to twelfth-step the next newcomer without regard to who or what is in it for me?***
- 5. Do I help my group in every way I can to fulfill our primary purpose?***
- 6. Do I remember that AA old-timers, too, can be alcoholics who still suffer? Do I try both to help***

East Valley Intergroup Business Meeting Minutes

April, 2020

ZOOM Meeting Opened at 7:10 PM by Chair Tom N. with a moment of silence and serenity prayer

12 Traditions ready by Gabi N.

INTRODUCTIONS: *No introductions as all attendees names and were visible on screen.*

***Intergroup Representatives:** (*We pulled a report from the Zoom meeting of attendees, if we could not identify you or your group based on your screen name you may not be listed)

Denise D. EVI Rep Chandler Noon Group, Erika Cline - Alt Women in Gratitude Mesa, Jim M - We Ain't Dead Yet, Ken C. Tempe sunset, MARNA W. - EVI Rep - The Way Out, Mindy EVI Rep THE SOCIETY, Monica S-E Serenity Seekers Alternate, Neil B No Name Group, Noah G Ahwatukee Mens Group, Rose M Happy Hour Sunbird, Ryan P. - Great start QC, Shap W-Tempe Nooners, SHARI L Sobriety is Gold, sharon briddon stepping stones, Steven H Common Thread, Thomas Erbland, Tom C , Buddy Gratitude Group

New Reps: Corie R. Chandler Women's Big Book

Committee and other Trusted Servants: (NP = Not Present)

Service Position	Name	Service Position	Name	Service Position	Name
Chair	Tom N.	Office Manager	Kim	H&I Liaison	Open
V.Chair	NP	Chair- Special E.	J.J	Spanish Liaison	NP
Treasurer	Ron S	Chair- PI/CPC	Tom	Alanon Liaison	NP
Secretary	Gabi N.	Chair- Phones	Beth	DCM 08-818	NP
Advisor- Special E.	Gary L	Chair- Unity	Dave	DCM 08-819	Lois L
Advisor- PI/CPC	Deana	Chair- Sponsorship	NP	DCM 08-820	NP
Advisor- Phones	Larry S	No Booze News	NP	ZONYPAA	NP
Advisor- Unity	Barb	Literature	NP		

AD HOC Steering Committee report placed on screen for review and reviewed aloud by Tom N.

Secretary's Report: Report in Packet, Placed on screen for all to review. Motion to accept -Beth, 2nd -Noah. All in favor, accepted.

Treasurer's Report: Ron S. - Report on screen for all to review, Ron reviewed aloud as well. Please contact Ron regarding EVI financial questions.

Question: Beth – "What the difference in rent between the old office and the new?" Ron –roughly \$350 per month. That includes the rent and utilities. It's about \$250 lower than the approved budgeted amount for the new office rent. Old office \$800. New office \$1161.

Noah –"Our group sent a payment in March and I don't see it on the list, did you forward the mail from the old office to the new yet?" Ron "yes the mail is forwarded but there was a delay about 10 days so it might not be in the report yet." Kim –"We received it, it just came in this week." Motion to accept Buddy., 2nd- Shap. All in favor, accepted.

7th Tradition: On line link up and running on website, please contribute 7th tradition there. Now that meetings are meeting virtually there are still several ways to make contributions. We are still open so cash, checks, and bill pay are available without incurring any fees. We can also take a credit card in person or over the phone. There is a contribution link on the website now.

Questions: Beth "How long will mail be forwarded to the new office?" Kim -"A year."

Chairperson's Report: Showed on screen and read a letter of gratitude from Chair regarding Kim, volunteers, and Steering Committee regarding the adjustments that have had to take place due to COVID-19. Great Job! The intergroup is still available 24/7 to help the still suffering alcoholic!

Vice Chair's Report: Wesley NP. Tom N- Wesley did not have a report, he asks that if there is a Sub District Zoom meetings please include him in the invitation. He will be attending the District meeting. Our Vice Chair is also our General Service Liaison, here is some info:The International Convention has been cancelled.

The General Service Conference will be on line this year and will be sometime in May.

The Pacific Regional Forum has been cancelled, it was scheduled for August.

Office Manager: See report on page 7.

STANDING COMMITTEE REPORTS

PI/CPC: Tom C– Not much to report.

April committee meeting cancelled. We will meet in May on Zoom –May 4th 7pm. If you are interested contact me and I will put you on the email list. We will most likely meet at the EVI office when we do meet again. We haven't taken a vote yet but that will most likely happen. All of our activity is on hold due to COVID 19.

Tom N. –We had a suggestion to use Zoom to have committee's present presentations to our members who might want to meet on line.

Tom C-Great that's a good suggestion.

Special Events: J – Very little to report.

We have postponed and cancelled a lot of events as of right now.

March 6th Step by Step hosted the speaker meeting.

April speaker meeting was cancelled and we were not able to meet.

Lois L. – Could we have the May speaker meeting possibly on Zoom? Jay- yes I am happy to facilitate that.

Bowl a Thon in August still on track.

If you have monies from the EVI dinner that haven't been turned in you can turn it in to the EVI office.

Phone Committee: Beth – The volunteers have been stepping up because of the problems with COX. We are trying to make it easier for the volunteers to transfer phones, I sent the information to Kim today.

We are willing to do phone trainings on Zoom, if your group is interested contact me.

You no longer have to have a local area code to volunteer.

Noah –We have phones on Sunday is there anything we need to know? Beth –the phones are now transferred automatically to the phone number listed. So it would be a good idea to call the next person on the list just before they are meant to be transferred to remind them.

Dave –if the phones are being transferred automatically are they going to the phone number on the list? We have different people answering phones. Kim –Beth and I need to get together to figure it out. It's just the weekends that are preprogrammed. Going forward we will find a way that's easy. We just need to test out the details.

Unity Committee: Dave – Report in packet and on screen for review.

We will try to meet in May and start hitting the road. If not, we will try to have a Zoom meeting.

Sponsorship Workshop: Jerry NP

Newsletter Editor: N/P – no report

No Booze News –Rick NP

Literature: Tom N. –plenty of books, sales are down, and office is open so come on by!

LIASION REPORTS

Alanon Liaison: N/P **H&I Liaison:** Position Still Open **Spanish Liaison:** Marge NP **Zonypaa Liaison:** Megan NP

Sub District 08-818: N/P

Sub District 08-819: Lois L

We didn't meet in April but will try to meet via Zoom in May. We had an event scheduled for April that we had to cancel. It was and eat and greet. We will reschedule it down the road, so look for that!

Sub District 08-820: Bill We did not meet in April. Cancelled our April potluck. Not sure if May will be live or Zoom.

OLD BUSINESS:

Office move is all done as we have already covered.

NEW BUSINESS:

none

ANNOUNCEMENTS:

Ron S. –the link to the No Booze News is on our site so it's a great way to keep up on what's going on.

Lois L –This is so cool...in case people haven't been trying Zoom meetings....I have been going to meetings in Australian and all over! This is our opportunity to go meetings all over the world! Google "AA meetings in Melbourne"

Tom C –Want to thank Tom N. for putting this meeting on Zoom so well and sending out all the announcements and Kim for the office move. I am very happy to be a part of this intergroup, I don't think we can thank you guys enough.

Group Problems & Solutions: none

Close Meeting Motion to close - ALL!!

Thank you, Gabi N. EVI Secretary

Doing Time

From the APRIL 1998 Grapevine

Two years into sobriety I was taking a friend to an AA meeting when he said I should get involved in service work. He'd been sober four months, for the third time, and my thought was "Who is he to tell me what to do?" But having learned to listen to all, including newcomers, I said, "I'll give it some thought." During the next week I attended many meetings and heard something about service work at each one. I began to grow restless and feel uneasy. At the end of the week I took the same friend to another meeting, and the speaker said she was going to celebrate her tenth AA birthday the following week. She also said she had found AA while in jail.

So I decided to attend a monthly Hospitals and Institutions Committee meeting and there said I wanted to start an AA meeting in a facility known as the Jail Annex. I was told I'd be wasting my time if I tried; there had been several unsuccessful attempts over the previous three years. One old-timer, God bless him, said, "Let him try, it can't hurt anything." Ten days later I conducted my first meeting at the Jail Annex.

My only fear about this meeting was that someone was going to ask, "Did you ever do any time?" It was a very real fear and it was constantly on my mind. You see, I'd never been "in jail" except to take a test to see if I was drunk and wait for a friend to come and drive me home. I was afraid to ask someone on the Hospitals and Institutions Committee how to answer for fear they wouldn't let me do the meeting. I was at a loss as to how to answer the question if it arose. I imagined that the inmates would reject and make fun of me. I'd lose any credibility or respect they might have had for me. What should I do?

At meetings, during the silence before the Serenity Prayer, I'd always pray, "God, let me hear what I need to hear, say what I need to say, and be of help to newcomers if it be thy will." So I decided to turn it over to my Higher Power--he would direct me in how to answer.

Sure enough, at the third meeting, an inmate asked in a challenging voice, "You ever do any time?" I immediately blurted out loudly, "Twenty-eight years!" Needless to say there was total silence--I had their undivided attention. None of them had done that much time. When I realized what I'd said, I thanked God for putting those words in my mouth, and I went on to describe what it was like to be imprisoned *in* bars, not behind them. I told how alcohol had controlled my life and was my jailer, and how Alcoholics Anonymous had set me free. I said that alcohol no longer controlled my thoughts and actions, as the penal system controlled theirs. I saw that they were identifying with me, and I felt immense gratitude.

Now, more than eight years later, I'm still filled with gratitude, and I speak--(without fear)--at Hospitals and Institutions meetings. I'm also grateful I had that fear in the beginning, for out of it came a stronger belief and faith that my Higher Power would not give me more than I could handle.

"There, but for the Grace of God, go I" is the thought I carry away from each meeting I attend in an institution, treatment center, or any other place where there are confined alcoholics. Sharing with the confined alcoholic is a great way to "do time" and stay sober. **BY: BOB C. | PHOENIX, ARIZONA**

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Send your articles, jokes, poems and artwork to Rick T. info@aamesaaz.org